




One team member must express a specific emotion **without words, using body language and facial expressions only**. The other team members must guess the correct emotion within a time limit of 60 seconds.

*Show the task to only one member of the opposing team.*

**Task/answer:**  
COMPASSIONATE.

Reward 2 🍷 🍷  
for the correct guess.  
No answer or wrong guess?  
Give 2 🍷 🍷 to the monster.





One team member must express a specific emotion **without words, using body language and facial expressions only**. The other team members must guess the correct emotion within a time limit of 60 seconds.  
*Show the task to only one member of the opposing team.*

**Task/answer:** INSECURE.

Reward 2 🍷 🍷  
for the correct guess.  
No answer or wrong guess?  
Give 2 🍷 🍷 to the monster.





One team member must express a specific emotion **without words, using body language and facial expressions only**. The other team members must guess the correct emotion within a time limit of 60 seconds.  
*Show the task to only one member of the opposing team.*

**Task/answer:** FRUSTRATED.

Reward 2 🍷 🍷  
for the correct guess.  
No answer or wrong guess?  
Give 2 🍷 🍷 to the monster.





One team member must express a specific emotion **without words** by **drawing it on paper**. The other team members must guess the correct emotion within a time limit of 60 seconds.  
*Show the task to only one member of the opposing team.*

**Task/answer:** UPSET.





Reward 2 🍷 🍷  
for the correct guess.  
No answer or wrong guess?  
Give 2 🍷 🍷 to the monster.





One team member must express a specific emotion **without words** by **drawing it on paper**. The other team members must guess the correct emotion within a time limit of 60 seconds.  
*Show the task to only one member of the opposing team.*

**Task/answer:** SATISFIED.





Reward 2    
for the correct guess.  
No answer or wrong guess?  
Give 2   to the monster.





One team member must express a specific emotion **without words** by **drawing it on paper**. The other team members must guess the correct emotion within a time limit of 60 seconds.  
*Show the task to only one member of the opposing team.*

**Task/answer:** NERVOUS.

Reward 2    
for the correct guess.  
No answer or wrong guess?  
Give 2   to the monster.





One team member must express a specific emotion **without words** by **drawing it on paper**. The other team members must guess the correct emotion within a time limit of 60 seconds.

*Show the task to only one member of the opposing team.*

**Task/answer:** SCARED.


Reward 2 🍷 🍷

for the correct guess.





No answer or wrong guess?

Give 2 🍷 🍷 to the monster.





The team has to **sing a song**  
they associate with the  
emotion of **HAPPINESS**.





Reward 2    
for a correct song.  
No or incorrect song?  
Give 2   to the monster.











The team has to **sing a song**  
they associate with the  
emotion of **ANGER**.

Reward 2    
for a correct song.  
No or incorrect song?  
Give 2   to the monster.









The team has to **sing a song**  
they associate with the  
emotion of **PRIDE**.

Reward 2    
for a correct song.  
No or incorrect song?  
Give 2   to the monster.





The team has to **sing a song**  
they associate with the  
emotion of **FEAR**.

Reward 2    
for a correct song.  
No or incorrect song?  
Give 2   to the monster.





A team member provides an example of **microaggression** they “witnessed” at university. The competing team has to guess **whether it really took place**.

**Time limit:** *2 minutes for preparation.*

Reward 1 🍷 to the team if they came up with a narrative and 1 🍷 to the competing team for a correct guess.

No narrative?

Give 2 🍷 🍷 to the monster.





A team member provides an example of **microaggression** they have “experienced” at university. The competing team has to guess **whether it really took place**.

**Time limit:** *2 minutes for preparation.*

Reward 1 ❤️ to the team if they came up with a narrative and 1 ❤️ to the competing team for a correct guess.

No narrative?

Give 2 ❤️ ❤️ to the monster.





A team member tells how they reacted to a **microaggression** at university. The competing team has to guess **whether this reaction really took place.**

**Time limit:** *2 minutes for preparation.*

Reward 1 🍷 to the team if they came up with a narrative and 1 🍷 to the competing team for a correct guess.

No narrative?

Give 2 🍷 🍷 to the monster.





A team member provides an example of **microaggression** they have “committed” at university. The competing team has to **guess whether it really took place**.

**Time limit:** *2 minutes for preparation.*

Reward 1❤️ to the team if they came up with a narrative and 1❤️ to the competing team for a correct guess.

No narrative?

Give 2❤️❤️ to the monster.





**Discuss** how you would react if you were a **witness** of a situation like the one pictured.



Reward 2 ❤️ ❤️ if the team came up with a discussion.  
No discussion started?  
Give 2 ❤️ ❤️ to the monster.







**Discuss** how you would react if you were a witness of a situation like the one pictured.



Reward 2 ❤️ ❤️ if the team came up with a discussion.  
No discussion started?  
Give 2 ❤️ ❤️ to the monster.





**Discuss** the possible emotions and needs of the person in the picture.

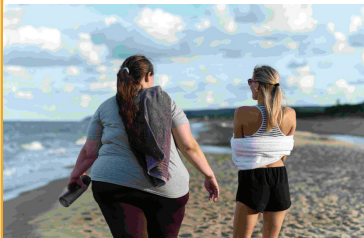


Reward 2 🍷 🍷 if the team came up with a discussion.  
No discussion started?  
Give 2 🍷 🍷 to the monster.





**Discuss** the possible emotions and needs of both these women.



Reward 2 🍷 🍷 if the team came up with a discussion.  
No discussion started?  
Give 2 🍷 🍷 to the monster.





**Discuss** how you would react if you were a witness of a situation like the one pictured.



Reward 2 ❤️ ❤️ if the team came up with a discussion.  
No discussion started?  
Give 2 ❤️ ❤️ to the monster.





IMPROVING  
EMOTIONAL  
INTELLIGENCE

# Fight